

## Performance Scrutiny Committee – 4 February 2020

### Mental Health Outcomes Based Contract

#### Report by the Corporate Director of Adult Services

### RECOMMENDATION

1. The Committee is RECOMMENDED to note the report.

### Executive Summary

2. Oxfordshire's Health Overview Scrutiny Committee and Oxfordshire County Council have asked that matters relating to the delivery of mental health support to people in Oxfordshire are brought before them for scrutiny.
3. They have asked to examine ***Mental Health Outcomes Based Contract between OHFT and OCCG (OCC contribute funding to this contract) covering the delivery of all mental health support to people with particular conditions, including inpatient care, community support, wellbeing and employment support, and housing.***
4. This paper details the ***Centre for Mental Health Review of Oxfordshire Mental Health Outcomes Based Commissioning Contract Summary Report***

### Summary

5. The outcomes-based contract (OBC) for mental health services runs from 1 October 2015 until 30 September 2020. The annual core value for 2019-20 is approximately £43.1m, which includes the Council's contribution of £6.2m. The contract covers support for just under 4,000 people with mental illness at any one time.
6. There is an option to extend the contract for a further 2 years after September 2020, and a review was undertaken to inform commissioners whether it is still meeting the needs of the population and so whether to take up that extension, as well as informing future mental health commissioning.
7. In October 2109, the OCCG Executive ( as lead commissioner) received the Centre for Mental health report and agreed the proposed recommendations and to extend the contract for a further two years from September 2020; with:
  - a. the intention to continue with OHFT as Lead Provider
  - b. the intention to retain the current outcomes originally agreed and seek to ensure these are driving the service delivery
  - c. recognition that benchmarking of investment shows per head of population Oxfordshire CCG invest less than peers and less than

national average on mental health services. Significant cost and activity pressures are being experienced in the adult mental health service and the related social care and OBC partner organisations. A phased proposal to begin to close the gap is under development.

- d. recognition that the transformational change needs to be accelerated within the partnership and has not fully taken place as expected and current work between commissioners and OMHP will support taking this further forward over the coming years through a clear programme of work
- e. More visibility of the funding flows to the third sector partners

## **Key Findings**

### ***Mental Health Outcomes Based Contract***

8. The review of the Mental Health Outcomes Based Contract was commissioned by the Oxfordshire Mental Health Partnership (comprising OHFT, and the five voluntary sector partners), by OCCG, and by OCC.

In summary it states

*The review concludes that Oxfordshire has pioneered the model of outcomes based commissioning in mental health and commissioners and providers should be congratulated for stepping out on an unknown and long road, for which no one had a map. There is a strong consensus among all stakeholders that the Partnership should continue. In doing so, it has the opportunity to learn and adapt: for example to develop more focused outcome measures, to address out of area or residential care placements and to continuously find ways of getting better value for money.*

9. The Centre for Mental Health produced this summary report which brings together the findings from all four workstreams; there are detailed reports available of each workstream if required. The majority of the findings were positive, and a high level summary of some of these is listed below:
  - a. There has been improved communication and joint working between organisations, resulting in more holistic care
  - b. Service users consistently fed back that staff were understanding, non-judgemental and compassionate, and helping them move forward in their recovery
  - c. The OMHP has improved parity through better provision of physical health monitoring for people using mental health services, as a result, for example, there has been a reduction in the number of people on the caseload who smoke
  - d. The OMHP has successfully increased the percentage of people on their caseload who are in work, meaningful activity and stable accommodation
  - e. Being in the OMHP has provided greater financial security for third sector partners

- f. OMHP can evidence integrated ways of working through joint initiatives such as, paid peer support workers on wards and in community teams, embedded third sector workers in community teams, embedded clinical support within intensive housing support provision, and all relevant OMHP partners are involved in routine system working e.g. case conferences, discharge planning.

10. The Partnership has faced some challenges:

- a. As a result of external pressures, including financial constraints in the local health economy
- b. Difficulties in being able to bring about large-scale change in service provision
- c. An increase in demand and complexity for services
- d. recognition that benchmarking of investment shows that per head of population Oxfordshire CCG invest less than peers and less than national average on mental health services

11. High level recommendations from the review include:

- a. The continuation of the OBC contract
- b. A review of outcomes, monitoring and responsibility for achievement
- c. Provision of commissioning support to implement change.

12. CQC

In addition since the Centre for Mental Health report was published OHFT were inspected by the CQC in December 2019 and maintained their 'good' rating.

13. The report is in Annex 1

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Background papers: None

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